

[<Back](#) [Print](#)

You are receiving this email from Two Angry Moms because you expressed interest in our project. To ensure that you continue to receive emails from us, add producers@angrymoms.org to your address book today. If you haven't done so already, click to [confirm](#) your interest in receiving email campaigns from us.

You may [unsubscribe](#) if you no longer wish to receive our emails.



Working for a sustainable future.
Advocating for better food in schools.

- Angry Moms Publish White Paper on Proposed School Food Policy Change
- SCHOOL FOOD IN THE NEWS
- And the Good News Is
- ANGRY MOM OF THE MONTH

FAIRFIELD COUNTY GREEN DRINKS

EARTHPLACE

10 Woodside Lane
For more information email
info@ctgreenscene.com
Westport, Connecticut

Thursday, February 26
6 to 9 pm
movie screening is 6:30 - 7:30 PM followed by Q&A with filmmaker Amy Kalafa
\$20 at the door, Food, Beverages and Raffle Prizes
This is a networking event sponsored by Green Village Initiative, "FairFood" School Garden

IT'S A MOVIE, IT'S A MOVEMENT

NEWSFLASH! NEWSFLASH! NEWSFLASH!
www.angrymoms.org

February 2009

REACH OUT TO OPRAH

Recently, Oprah did a couple of shows focusing on the emotional toll of childhood obesity. The shows were touching, powerful, and an important step in rethinking how we nourish our kids.



We want Oprah to broaden this discussion to address the need to fundamentally change how we feed kids in America both in school and at home. We want to extend the conversation beyond obesity and diabetes and delve into the impact of poor nutrition on learning capacity, cognitive function, social adaptability, behavior issues, and general health and wellness. Even more importantly, we want to spark action to effect meaningful change in the school food environment to enhance our collective ability to create healthy, well-adjusted, thriving children.

Please take a moment to reach out to Oprah. Let her know we want to fill her audience with Angry Moms working to ignite the kind of positive change that will sustain our kids as well as the planet they will inherit.

Go to OPRAH.com, scroll all the way to the bottom of the page and click on "contact us" [it's in small print at the very bottom]. Under the heading "The Oprah Winfrey Show" at the middle of the page, there are prompts to either "send in your thoughts" or "send in your show suggestions." Click on either one and encourage Oprah to join the Two Angry Moms movement and show her audience the inspiring people and programs that are already making a positive impact around the country. Let Oprah know that with her help, we can reach the tipping point in this

Initiative, CT GreenScene and HealthinaHurry

Green Village Initiative

Slow Food in Schools Connecticut

Aitoro's
401 Westport Avenue
Norwalk, CT

Thursday, March 5
6:00PM
This event is a fundraiser for School Gardens in Fairfield County, CT more details to come

Angry Mums

London, England

Thursday, April 23
More details TBD

SUPPORT TWO ANGRY MOMS - SHOP ONLINE

Visit our affiliate page for links to all your favorite online stores. Your purchase supports the movement.

Affiliate Page

Our Sponsors



movement.

Let's keep our grassroots growing!

Amy Kalafa

Angry Moms Publish White Paper on Proposed School Food Policy Change

Teach School Food as an Academic Subject



We've compiled some of the latest research into a document that makes the case for bringing the National School Meals Program into the Department of Education, which is the Federal agency in charge of the rest of our children's school day.

Visit the website to download the one-page Executive Summary, or the 12 page School Food White Paper. Send copies to your representatives in DC!

School Food White Paper

SCHOOL FOOD IN THE NEWS
Obama's New Chef Skewers School Lunches



Photograph by George Sakkestad

And the Good News Is



Results of the 2007 Census of Agriculture were released February 4, 2009. The number of farms in the United States has grown 4 percent and the operators of those farms have become more diverse in the past five years.

The 2007 Census counted 2,204,792 farms in the United States, a net increase of 75,810 farms. Nearly 300,000 new farms have begun operation since the last census in 2002.

In the past five years, U.S. farm operators have become more demographically diverse. The 2007 Census counted nearly 30 percent



Francine's Organic Kids



more women as principal farm operators. The count of Hispanic operators grew by 10 percent, and the counts of American Indian, Asian and Black farm operators increased as well.

From: Discussion and Information for Women in Agriculture in Connecticut

Census of Agriculture

ANGRY MOM OF THE MONTH

Margaret Lamb - Food Service Director, Saratoga Springs, NY



I first met Margaret in the audience at a screening of Two Angry Moms in New York City. Her comment was, "Parents never talk to me about what they want in my lunch program." She suggested that all the angry moms in the room talk to their Food Service Directors and ask what they can do to help get better food in schools.

Margaret's been in charge of the lunch program in Saratoga Springs for 11 years. Over that time, she's been able to convince her Board of Education to support the lunch program. The district participates in a farm-to-school program, and homemade entrées like vegetarian chili with bulgar, quinoa salad and stir fry with Asian veggies are now on the menu.

"There are some days when you feel alone. People say nobody wants that healthy stuff you are peddling. And I say check with me after you see your cardiologist. Our culture is changing. I'm not gonna give up. We have to stick with it."

Margaret says, "Going from convenience to scratch shakes up the whole system" and many of her staff had jobs descriptions that didn't allow them to handle raw food. Some much-needed confidence bolstering came when her program was covered in the Wall Street Journal. She says the positive attention brought them together as a team and made them feel part of something good.

It's challenging to get kids to participate in the program as the food gets healthier, and next year Margaret is aiming to eliminate processed food entirely. How will she bring in the diners? "More marketing, newsletters, get the parents informed", says Margaret. "And how great is it when parents call and say they are happy that we're promoting beans!"

Follow up Links

Two Angry Moms

TWO to TWO MILLION

Former Texas Commissioner of Agriculture Susan Combs said it's going

- [TWO ANGRY MOMS](#)
- [Institute for Integrative Nutrition](#)
- [Marion Institute](#)
- [Weston A. Price Foundation](#)
- [NY Coalition for Healthy School Lunches](#)
- [BetterSchoolFood.org](#)

to take TWO MILLION angry moms to change school food. That's where YOU come in! Please join us.

email:producers@angrymoms.org producers@angrymoms.org
<http://angrymoms.org>

[Forward email](#)

 [SafeUnsubscribe®](#)

This email was sent to producers@angrymoms.org by producers@angrymoms.org.
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Two Angry Moms | producers@angrymoms.org | Box 783 | Georgetown | CT | 06829-0783