

LAKEWOOD EAST DALLAS OCTOBER 2009
LAUNCH: Taking a look at lunch

By Christina Hughes Babb

Teachers, administrators, parents and chefs are joining a school lunch revolution. One of this particular revolution's two organizers, Amy Kalafa, had for years shopped organic grocers, packed wholesome lunches and fed her family healthy food, or so she thought. Then she visited the cafeteria at her daughter's school where she witnessed the "junk food offerings" that undermined her efforts. After that, she joined forces with another concerned mother, Dr. Susan P. Rubin, and together they started the "Two Angry Moms movement". Their documentary film by the same name will screen at the Lakewood Theater this month. Neighborhood resident Barbara Clay joined the movement and arranged the Lakewood screening of "Two Angry Moms".

Clay, whose grandmother's mantra, "eat good food," sticks with her today, says the focus on test scores and academic performance in schools is commendable, "but you have to take care of basic needs before you can expect them to perform at their highest level."

Clay helped the movie-producing moms obtain a \$10,000 grant from Altrusa, the non-profit organization where she has worked for the past 20 years, to help fund a Spanish translation of the movie, so that both English and Spanish-speaking neighbors can "raise their level of food literacy," Clay says.

"East Dallas' schools enjoy a great deal of parental involvement," she says, "and this movie will only strengthen their knowledge and give them specific steps that will help them make serving healthy lunches the new standard in schools."

The documentary "Two Angry Moms" has been shown at theaters throughout the country, but the first-ever Spanish screening will be here in Lakewood.

Two Angry Moms It's a movie. It's a movement.

WHEN Saturday, Oct. 24, 10:30 a.m.: Screening and panel discussion for educators and those in health care fields and child-advocacy groups—2 p.m.

Spanish version premiere—7 p.m.

Movie screening followed by panel discussion.

WHERE Lakewood Theater, 1825 Abrams

COST Matinees are free. The 7 p.m. show is \$10. Visit altrusadowntowndallas.org to register, purchase tickets or for more information.

A VIP reception with Amy Kalafa will be held from 5-6:30 p.m. at Times Ten Cellars. \$40 admission includes wine, hors d'oeuvres and a ticket to the movie.

Comments

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This is such an amazing documentary-take a peek: www.angrymoms.org! The VIP reception at Times Ten Cellars starting at 5p is being catered by Andrew Ormsby Catering; AOC is already delivering healthy, fresh lunches daily to some of our area schools so the movement in Dallas has begun. Join us!

o Posted by Kelly Kemp

o September 24,2009 at 11:17AM